

Tidsprogram Kvilles Vårtävling 19 juni - Slottsskogsvallen

	Löpgrenar	Längd	Höjd	Kula	Spjut	Stav	
09:00	60m - PF9 (24)	F13 (3) / P13 (6) / P14 (2)	F13 (3) / P13 (2) / F14 (1)	P/F12 (1)/(2)	P/F12 (4)/(2)		09:00
09:15	60m - PF10 (29)						09:15
09:30	60m - PF11 (16)						09:30
09:45	60m - P12 (7) / F12 (8)	PF9 (19)	PF9 (10)	PF10 (7)	PF10 (13)		09:45
10:00	60m - P13 (6) / F13 (3)						10:00
10:15	80m - P14/15/16 / F14/15/16						10:15
10:30							10:30
10:45	600m - PF9 (11)						10:45
11:00	600m - PF10 (7) / PF11 (3)	PF10 (19)	PF10 (10)	PF11 (8)	PF11 (4)	M / K Stav	11:00
11:15	600m - P12 (2) / F12 (2)						11:15
11:30	600m - P/F 13/14/15/16						11:30
11:45	200m - PF9 (11)						11:45
12:00	200m - PF10 (21)						12:00
12:15	200m - PF11 (10)			PF9 (11)	PF9 (5)		12:15
12:30	200m - P12 (4) / F12 (1)	PF11 (12)	PF11 (6)				12:30
12:45	200m - P/F 13/14/15/16						12:45
13:00							13:00
13:15	Paus - Ställa ut häckar 400mH			P/F13 (1)/(6)	P/F13 (6)/(1)		13:15
13:30		P12 (3) / F12 (4)	P12 (5) / F12 (3)				13:30
13:45							13:45
14:00	100m - M (13)						14:00
14:15	100m - K (15)						14:15
14:30		Längd/Tresteg M/K (10/6)					14:30
14:45	400 mH - M (7) / K (4)						14:45
15:00							15:00
15:15	100mH - K (7)						15:15
15:30	110mH -M (5)						15:30
15:45							15:45
15:55	200m - M (12) / K (10)						16:00
16:15	400m - M (16) / K (3)						16:15
16:30							16:30
16:45							16:45
17:00							17:00
17:15							17:15
17:30							17:30
17:45							17:45
18:00							18:00

